

# BUGLE

Published by  
Kurow Information Centre  
as a service to our community



Issue 571  
Wednesday  
4 October 2023



The Old Waitaki Valley Preschool getting a spruce up

Check out the last of the stories from the early years on page 18



We welcome the opportunity to offer you a review on your business, personal or farm insurances.

Talk to the team at your local Aon Oamaru branch on

**03 434 0080**

**10 Coquet Street, Oamaru**

**TO BOOK A COMMUNITY CAR:** 03 4360 950

**BUGLE PUBLICATION:**

The Bugle is at the Kurow Information Centre - Please send your pieces to kurowbugle@gmail.com and please ensure they are in by strictly 12pm on the Friday before publication or they won't be in until the following issue.

**ST JOHN MORNING TEA:**

Held on the second Tuesday of every month @ 10am in the St John rooms on Gordon Street. Please phone Trish if you need a ride: 027 472 2674

**CATTLE CREEK HALL AGM:**

MONDAY 9<sup>TH</sup> OCTOBER 2023, 7.30PM AT THE HALL

**ST STEPHEN'S PREBYTERIAN CHURCH AGM:**

Details on page 5.

**WHALAN LODGE MEALS ON WHEELS PRICE INCREASE:**

The price will be increasing to \$15 per meal as of the 19th October.

**Kurow Wetland needs your help.**

**This Friday October 6 th – Midday onwards**

**Saturday October 7 th – 9am to midday**

Working bee planting over 800 natives at the Alps2Ocean trail end of the Kurow Wetland. Bring gloves, water bottle for your own hydration , gumboots would be useful.

Tea and Coffee will be provided and some light refreshments. Bring your own Mug.

Cycle Journeys supports this Regenerative planting and Kurow Wetland is very grateful to be the recipient of their generosity.

If you can provide an hour or so of your time to help us we would much appreciate it.

Txt or call Karen Turner on 021 1908875 if you need any further information

# WAITAKI SCAFFOLDING

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NEXT ISSUE: 18/10/2023

COPY IN: 12pm 13/10/2023

email: [kurowbugle@gmail.com](mailto:kurowbugle@gmail.com) phone: **03 4360 950**

or post it to: Kurow Museum & Info Centre, 57 Bledisloe St, PO Box 56, Kurow.



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## St Stephen's Presbyterian Church AGM


15th October following our 10am Service

**All Welcome**

Apologies to June Taylor:  
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## Waitaki Valley Health Trust - Notice of AGM

The Waitaki Valley Health Trust AGM will be on Tuesday October 17th 2023 at 7p.m. at the Memorial Hall foyer.

As the medical practice is privately owned, the Trust's role is to manage and maintain the assets and the Medical Practice Building. We are approaching a major project to replace the existing facility with a comprehensive, inclusive health hub.

Trust Board Meetings are held monthly,

An updated trust deed will be presented and voted on.

There are two vacancies on the trust. Please forward any nominations for new members to [aligrant@wocis.com](mailto:aligrant@wocis.com) by 13 October 2023.

Please send any motions to be proposed by Friday 13th October by email to:  
[aligrant@wocis.com](mailto:aligrant@wocis.com)



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### Contact: Cameron Leckie

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Web: [www.surveywaitaki.co.nz](http://www.surveywaitaki.co.nz)

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# Kurow Community & Waitaki Valley School Library



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1-3pm

Tues 3rd & Thur 5th October  
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Facebook -Waitaki Valley School/Kurow Community Library

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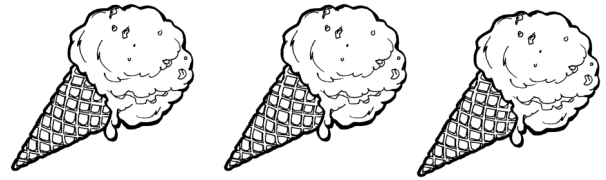
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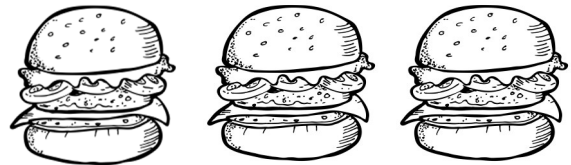
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**[www.kurow.org.nz](http://www.kurow.org.nz)**

For events, and to reacquaint yourself with the Valley  
or to read the Bugle Online

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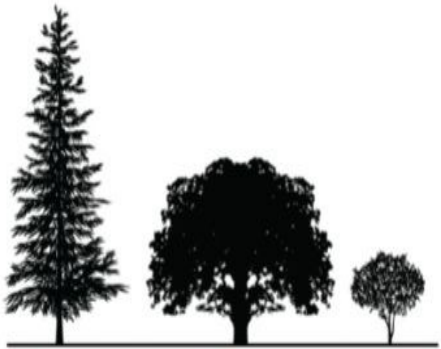
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# Kurow Medical Centre

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W: [www.kurowmedicalcentre.org.nz](http://www.kurowmedicalcentre.org.nz)

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**Open: Omarama:** Thursday 8.30am to 1pm

**Kurow:** Monday to Thursday 8.30am to 5pm & Friday 8.30am to 1pm

**Twizel:** Monday to Friday 8.30am to 5pm & Saturday 9am to 12pm

**Please note:** We provide 24/7 on call after hours cover by our doctors and PRIME nurses for all our registered & casual patients!

**If you require further information or an appointment, please contact us on:  
For Kurow 03 4360 760 or for Twizel 03 976 0503 - Dr Tim & Juliet Gardner.**

*Look us up on our website or Facebook page for more information*

# DUNTROON DIGEST

All hands are on deck preparing for the Geopark Festival activities taking place in Duntroon on the 28th of October. Preparations are well under way. Our wonderful volunteers were down at the Duntroon wetlands on the 16th of September carting barrow loads of gravel and placing it where it was needed along the paths. There will be another working bee there on the 14th of October to attend to any weeds.

If you have not already been through our patch of paradise, there will be guided tours of the wetlands as part of the Festival on October 28th that would be an ideal time to visit.

**Saturday 28 October 2023,  
11am - 12pm and 1 - 2pm  
Duntroon Wetlands, meet by the  
Duntroon Goal**

I could write volumes about the dedication and toil that has created our wetlands into the asset it is today, but they say a picture says a thousand words, so I have included a picture to tell the story instead.

Regarding volunteers: This year two tireless contributors to our community, namely Alison Simpson and John Hore had their years of service acknowledged at the Waitaki Citizens Awards on the 19th of September.



Wetland photos: Left to right Janet Brown, Marion Baird, Bianca MacNeill



John Hore and Alison Simpson

Both Alison and John were instrumental in developing the Vanished World Centre and continue to support it through volunteering at the Centre, they are an inspiration.

The Whitestone Geopark program is available to download and read. There is so much to enjoy. Don't forget that adults are half price (\$5) for the festival weekend at the Vanished World Centre.

Then again, if you want to get an overview of the local sights Heliventures will be flying guided tours from Duntroon from 10 am till 3pm!

Check out the program for a full list of activities.

<https://www.whitstonegeopark.nz/news-and-events/categories/geopark-festival-2023>

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**YOU'RE INVITED TO**



**50TH JUBILEE**

**13TH OCTOBER**  
**1PM-3PM wvp**  
**6PM WAITAKI BRAIDS**

**14TH OCTOBER**  
**10AM wvp**  
**12PM OLD PRESCHOOL**



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## **Wellness Matters - A regular health column from the Kurow Medical/Mackenzie Health Centre Team - October 2023**

Daylight savings is upon us and how lovely to be able to enjoy longer days and warmer temperatures (apart from a few snowy blasts)!

### **Breast Cancer Awareness**

October is breast cancer awareness month. Each day 9 Kiwi women of all ages are diagnosed with breast cancer. That's 3,500 women a year and 25 men too. Early detection with regular mammograms can save lives and women aged 45-69 years can have a free mammogram every two years. You can self-enrol BreastScreen Aotearoa by calling 0800 270 200 or registering online.

Screening recommendations for women outside of this age group vary and your healthcare provider can support you with more information or visit [www.timetoscreen.nz](http://www.timetoscreen.nz)

Self-examination is encouraged for all women from age 20 and is an important part of breast health awareness. Any changes like lumps, thickening, dimpling or nipple discharge should be reported to your healthcare provider.

### **Shingles (Herpes Zoster)**

Many of us had chickenpox as a child, although there is now a vaccine for chickenpox which is delivered to children on the immunisation schedule at 15 months, and to some high-risk individuals or their close contacts. Shingles is caused by a virus called varicella zoster, which is the same virus that causes chickenpox.

Following chickenpox infection, the virus lies dormant in the nerves near the spine and can re-emerge later in life. Increasing age, some medications, certain medical conditions as well as emotional stress can cause the immune system to weaken which gives the virus an opportunity to reactivate as shingles. Symptoms of shingles usually start as a tingling or burning pain for two to three days and then a painful rash on one side of the body. This can be very debilitating and often lead to longer term complications.

People with these symptoms should seek advice and care as soon as possible. Clinicians can prescribe medication which is best started before the rash appears. This has been proven to reduce the duration and severity of shingles.

There is some good news on the shingles front however. A vaccine to prevent shingles is available and is free for anyone who is 65 years old (not older) and for some people with immunity problems. It is also recommended for other people aged 50 and over and a charge will apply. Find out more about vaccines at [www.immune.org.nz](http://www.immune.org.nz).

### **Sun Smart**

New Zealand sunlight can have high levels of ultraviolet (UV) radiation which can cause skin and eye damage and cancer. Our ozone layer is one of the thinnest in the world and UV index level three is enough to cause skin damage. Although it doesn't feel like it now, being sun smart all year round is important and more so heading into the warmer months. NIWA has a UV index app you can access at [www.niwa.co.nz](http://www.niwa.co.nz) which gives localised reports.

So, until next time, stay well and cover up, slip into the shade, slop on sunscreen, slap on a hat and wrap on your sunnies – even on the cloudy days as 80% of UV radiation can get through the clouds.





# 50TH JUBILEE



**13TH OCTOBER**

**1PM-3PM wvp**

**6PM WAITAKI BRAIDS**

**14TH OCTOBER**

**10AM wvp**

**12PM OLD PRESCHOOL**



**13 OCTOBER**

**1PM - 3PM (ALL AGES)**

**PRESCHOOL OPEN AFTERNOON, TAMARIKI TO  
SHOWCASE ALL THEIR WONDERFUL WORK**

**6PM - LATE (ADULTS)**

**MEET & MINGLE AT WAITAKI BRAIDS**

**DRINKS & CANAPES**

**PANEL CHAT ABOUT THE PAST, PRESENT & FUTURE**

**SOBER DRIVER AVAILABE**



**14TH OCTOBER**

**10AM-12PM (ALL AGES)**

**MORNING TEA & CAKE CUTTING AT wvp**

**12PM-3PM (ALL AGES)**

**LUNCH & FUN AFTERNOON**

**OLD PRESCHOOL GROUNDS (NEXT TO BOWLING CLUB)**



**PLEASE RSVP**

## The Early Years

In 1966 Thea Chapman held the first sessions of the Kurow Pre-School in her home as she was a former kindergarten teacher and saw the need for something for the pre-schoolers of the district. As the numbers grew larger the pre-school sessions were moved to the Buffalo Hall (now the Kurow museum and information centre. In the early years parents were very much hands on in the running of the pre-school.

In 1968 the Domain Board offered the committee the lease of the old schoolhouse should this property be vested in them by the domain board. It had previously been used as a teachers hostel but was no longer required. This offer was accepted at a meeting on the 2<sup>nd</sup> of July.

The president (Mrs Chapman) and secretary (Mrs Moyle) then met with the commissioner of lands while he was in Kurow for the opening of the sports grounds to discuss the leasing of the old schoolhouse.

Miss Fisher and Mr Mettrick from Child Welfare visited the schoolhouse. A plan of the house as it would be when renovations were finished was to be submitted to Child Welfare for approval as soon as possible.

It was discussed if the centre should become a Playcentre and the president of Playcentre in Dunedin was asked to come to see the centre in operation and to see what the differences would be. It was later decided that the pre-school would not become a Playcentre.

A major fundraising drive was commenced. Some of the events included:

- A barn dance in the Otiake hall with country and western singer and television star Brendan Duggan as a guest and local band Van Rebeck playing.
- Cane classes
- Chocolate wheel at the gymkhana
- Grocery raffles – all mothers asked to contribute items
- Toy making evenings to make toys for the pre-school with surplus sold.
- Further raffles with donated prizes.
- Keep Fit classes
- \$1 to \$10 – mothers were given \$1 to buy materials to make something that would sell for \$10.00 or as much as possible.
- Fashion Parade
- Golf Tournament

At a meeting on the 29<sup>th</sup> of April 1969, it was discussed that confirmation had been received from the domain board on the lease of the old schoolhouse. Lex Wilson and Rowan Breen were to be conveners of the father's working bees. The alterations to the building were carried out with much voluntary labour and donated materials to keep costs down.

The pre-school moved into the new building at the beginning of 1970 and the official opening by Mrs Allan Dick, wife of the local MP was held on the 28<sup>th</sup> of February.

It was decided to run 2 sessions with different groups to reduce the waiting list. Mother helpers were rostered on for each session. A lot of the equipment was donated or handmade by parents. Fundraising was on-going.

On the 5<sup>th</sup> of December 1972 a committee meeting was held in the presence of Mr B Appleby and Mr G Hill (Justices of the Peace) to form the centre as an incorporated society. The existing organisation, known as the Kurow Pre-school Centre was dissolved.

# Within Reach

---

THE HEART OF THE UPPER WAITAKI

UPCYCLING ARTIST

‘Never hold yourself back from trying something new just because you’re afraid it won’t be good enough. You’ll never get the opportunity to do your best work if you’re not willing to first do your worst and then let yourself learn and grow.’ Lori Deschene

‘We don’t need a handful of people doing zero waste perfectly. We need millions of people doing it imperfectly.’ Anne Marie Bonneau

This month’s artist would like her art to speak for itself. To leave room in our minds for the longevity of upcycling and the wonder of simply exercising our right to create.

**December '23 & January '24 are all still available for submissions.  
Contact Chloe Lodge via [chloelodge.com](http://chloelodge.com) or pick up a form from Kurow Museum  
& Information Centre. Exhibit YOUR art work in the Heart of the Upper Waitaki**

## Whan Lodge Trust Chairman's Report 2023

The priority for the Trust is to provide management and staff with the support, equipment and facilities needed to ensure that our residents receive the best possible care.

A major focus since 2018 has been the restructuring of the Awakino Wing and the renovation of the existing amenities. Once the consents were completed the contract was let out to Breens Construction. Long delays through covid and obtaining a satisfactory earthquake rating saw the cost of the project increase 30%. The Trust made the decision to proceed with the new bedrooms, kitchen, dining, laundry, sluice room and front entrance, enabled by the financial support from the Waitaki District Council and Otago Community Trust and grants from Meridian Energy, Network Waitaki, Mid and South Canterbury Trust and Waitaki Heritage plus our own fundraising efforts. One and a half million dollars will complete this section of the build. The redecorating, replacing the windows, doors and roofing will be covered with finance from Heritage Building. These grants are released in December. The forecast is completion of the rebuild by February. It has been a massive undertaking over the last four years and has taken a huge commitment from everyone. It's great to see the end in sight.

Alice Washington-Jones resigned in February – we wish Alice all the best. Susan Scott was appointed Facility Manager, Susie McCone - Nurse and Lu Sargent - Administration. We welcome them on board.

Our staff have continued to do an outstanding job throughout the year. Their commitment to do 12-hour shifts when we unfortunately got low on staff numbers was a great effort. Well done team. The excellent care that they provide for our residents is second to none and we thank them all. It's that care the reputation of Whalan Lodge hinges on.

After spending several weeks at the beginning of the financial year with ten residents, dropping to nine at one stage and coupled with delays in funding from M.O.H, it was a good result to get the books to break even. This would not have happened without donations and fundraising from the community. We look forward to getting more residents so that the business will become more sustainable.

I thank all the people who make monetary donations and all the volunteers who did so much to help with the auction and those who help with general work around the Lodge – especially those jobs that require machinery. It's a tremendous boost for our community owned asset.

Long standing member Alan Cleave recently retired from the Trust. Alan was one of the original members when Whalan Lodge was set up in 1984. He has been a past president. His wide knowledge of what happened in the past – what was successful and what wasn't proved to be of great value with some of our decision making. His retirement is well earned.

Alan's successor is Michael Smith who has worked closely with the Trust since organising the Auction. Welcome aboard Mike.

On behalf of all our Trust members I thank Gaye Schurgers who has retired for her accounting skills in looking after our finances. She has been a real asset and we wish her all the best.

To my fellow Trustees and secretary Judy Croft – you each have your own areas of expertise and spend many hours each week on Lodge matters. A great team.

Thank you  
Barney McCone

# Meet the Candidates Evening

Come along and meet the candidates for the Waitaki Electorate. All candidates will be in attendance.

Date                      Wednesday 4 October  
Time                      7pm - 9pm  
Location                Twizel Events Centre theatre

The candidates standing for the Waitaki Electorate are:

Miles Anderson	National
Ray Bailey	New Zealand Loyal
Sean Beamish	Act New Zealand
Pleasance Hansen	Green Party
Anthony Ordering	New Zealand First
Ethan Reille	Labour
Daniel Shand	Independent
Roger Small	Democracy NZ

All welcome to attend, including those from Fairlie, Tekapo, Mount Cook, Omarama, Ohau, Otematata, Kurow etc.

For more information please contact:

Michelle Ward [michelle.ward@valuationpartners.co.nz](mailto:michelle.ward@valuationpartners.co.nz) 0274 329015

Carolyn Mincham [carolyn@minoa.co.nz](mailto:carolyn@minoa.co.nz) 021 985 309



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Kurow Memorial Hall**  
Saturday October 14th from 9am-7pm

**Duntroon School 9am-7pm**

**Otematata Community Hall 9am-7pm**

**Omarama School 9am-7pm**

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is a trust established to provide financial assistance to students of any form of agriculture for the purpose of their education

**Students must have lived within the qualifying area for a minimum of 2 years**

The Boundaries the trust operates within are from

The Waitaki River in the south

to the Pareora River in the north

and the western boundaries extend to Lake Benmore and the Otaio Gorge

If you feel you may be eligible for a grant and would like more information

Please email

[admin@waimateaccountants.co.nz](mailto:admin@waimateaccountants.co.nz)

Or Telephone 03 689 8551

Application forms are also available at Waimate Accountants Ltd, 52 Queen Street, Waimate 7924



**APPLICATIONS CLOSE 31ST OCTOBER 2023**

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# KUROW FESTIVAL COMMITTEE AGM – Notice of Meeting –

Monday October 9th 2023 in the West Wing of the Kurow Museum and Information Centre at 7.00pm.

Agenda:

- Welcome
- Apologies
- Chairman's report
- Financial report
- Nomination of committee members
- Treasurer's position to be filled
- Feedback and suggestions from community encouraged and welcomed

Any queries or comments, please contact:

Karen Hofman on **027 208 2669**

*11 October 2023, 7pm*  
**WAITAKI HOTEL**  
**QUIZ NIGHT**

*Entry \$5pp (Donated to Kurow Wetlands)*

*Up to 6 persons per team*

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# NOTICEBOARD

4 OCTOBER 2023



## COMMUNITY, SPORT AND RURAL SPORTS GRANTS

Waimate District Council invite applications for financial assistance from clubs, groups and organisations within the Waimate District. Each grant is currently funded at \$10,000 per annum with 2 funding rounds.

### Community Grant

This fund is open to all organisations that do not qualify for funding under the Creative Communities NZ Scheme.

### Sports Grant

Eligible projects include coach or volunteer training, equipment purchase (excluding uniforms) and new initiatives or activities.

### Sport NZ Rural Travel Fund

This fund provides a travel subsidy for sports clubs and schools competing in local sports competitions.

Eligibility criteria and application forms are available at [waimatedc.govt.nz](http://waimatedc.govt.nz), and from the Waimate Information Centre, 15 Paul Street. Specific enquiries can be made to the Grants Administrator at [info@waimatedc.govt.nz](mailto:info@waimatedc.govt.nz) or phone 03 689 7771.

**Applications close  
12pm on Thursday  
19 October.**



P. +64 3 689 0000 | E. [council@waimatedc.govt.nz](mailto:council@waimatedc.govt.nz) | W. [waimatedc.govt.nz](http://waimatedc.govt.nz)



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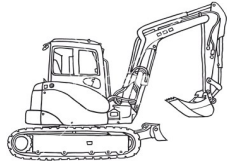
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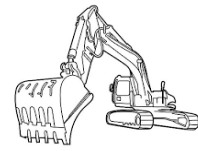
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**Sat 10am - 4pm, Sun 10am - 3pm**  
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